



Barbara Holt, MS



Education Coordinator

Professional Development WVSOM, State Opioid Response

Center for Rural and Community Health

West Virginia School of Osteopathic Medicine

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For the last seven years, Barbara has worked with a plethora of diverse populations and issues across West Virginia through her employment with the regional Mid-Ohio Valley Health Department and WVSOM. Her current responsibilities engulf the opioid epidemic, treatment and stigma associated with it by helping to develop a larger and better-trained workforce of professionals with skills to respond effectively to the epidemic's challenges. Her Self-Management Resource Center's T-Trainer certification affords Barbara the opportunity to help those in chronic pain learn about tools to use to self-manage their pain.

Education/Training

- Master of Science in Human Resource Management, Southern New Hampshire University
- Regents Bachelor of Arts, West Virginia University
- T-Trainer Certification in Chronic Disease, Chronic Pain, and Diabetes Self-Management Programs, Stanford University

Selected Research and Scholarly Activity

- Jones D L, WVU. *A Randomized Controlled Trial of a Community-Based Chronic Pain Self-Management Program in West Virginia 2017-2018*. Morgantown, WV: West Virginia University
- Harm Reduction in Calhoun County, WV: Community Perceptions and Paths Forward (2019)